

Keep Calm & Wash Your Hands

With a week into our new normal of working from home (for many of us), we hope that all of you and your families are staying safe and healthy, both physically and emotionally. As this is new for all of us, we are here to offer weekly tips and suggestions on how to stay healthy, engage employees, and boost morale whether you have employees at home or still reporting to an office location.

Stay up-to-date on Company news and encourage your employees to do the same:

- [Fueling Conversations](#)
- [News Centers](#)
- General updates will continue to be posted on the [InfoNet homepage](#)
- Schedule a weekly or biweekly video meeting, using technology like [Zoom](#), to discuss projects and to simply catch up.
- Share a daily inspirational quote or an amusing story or anything else that might help to maintain the personal connection lost with remote working. On that note, here are some [memes that are sure to bring a smile to your face](#).
- Share weekly wellness tips. Here are a few ideas to help you stay healthy in your new workspace:
 - [7 Things You Should Sanitize Immediately to Avoid Getting Sick](#)
 - If the weather allows, take a walk outside. Fresh air will do you good.
 - Now is a great time to catch up on movies you might have missed.

Fast Facts

- As of writing this, National Fuel has no confirmed cases of COVID-19. All tests that have been provided to various employees have come back negative.
- Remote access is working as it should with 500 concurrent connections.
- Onsite workforces at both the Main Office and 1100 State Street are down to 20%. The reduced traffic in buildings is helping with supply management and, of course, significantly reducing the risk of virus transmission. Thank you for your successful efforts in reaching this impressive result.

We Want Your Ideas

If you have suggestions or tips that have worked well for your department, please pass it along. We are also looking for feel-good stories to celebrate our Faces of Fuel. Do you know of someone going above and beyond at work or in the community? Please email Jessica Reagan in Corporate Communications at ReaganJ@natfuel.com.

"Act as if what you do makes a difference. IT DOES." -William James

March 25, 2020

From the desk
of Amy Shiley